



The Green River

# CURRENT

Green River Community College

Volume 20, No. 20

May 3, 1985

## Degree requirement confusion resolved

by Judith Meeks

The new degree requirements at GRCC seem to have spawned any number of rumors, speculation and confusion.

Some of the most frequently asked questions are 1) Will more than 90 credits be required? 2) Why is P.E. necessary? 3) Why change the requirements at all?

"To begin with, the change was considered necessary to better meet the criteria of four year colleges within the state," explained Richard Barclay, Associate Dean for Student Services, during a recent interview.

The new degree transfer agreement provides for the students who have completed the degree "to transfer as juniors with their general university requirements completed."

Further, the new requirements are an attempt to provide a balance between the traditionally debated extremes of depth vs. breadth.

The new degree requires 15 credits in certain basic skills which are defined as:

1. Communications-10 credits  
English 101-5 credits; then 5 additional credits from English 111, 112 or 113
2. Math-5 credits in 101 or above.  
Those students able to demonstrate a skill level above 101 may be able to choose one of the other classes in quantitative math.

In an attempt to create breadth in the students education, 15 credits are required in each of the three distribution areas (courses)

1. Humanities/Creative Arts-15 credits
2. Math/Science-15 credits
3. Social Science-15 credits

Within each of these distribution areas the student must complete one course in at least three separate disciplines (subjects).

In an attempt to provide students with the opportunity to have more in-depth exposure to disciplines (subjects) of their choice, an additional 15 credits are required. These may be chosen in ANY of the three distribution categories: Humanities, Social Science of Math/Science.

Electives contribute another 15 credits

and may be selected from any course EXCEPT basic skills. Any class numbered 100 or above may be used as an elective.

One area of confusion regards the Activities requirements. These can be worked from within the above requirement. It does not come in addition to them.

So why the P.E. requirement? "It is a

recognition of the student as a complete person with the need for experiences that are physical and skill related as well as intellectual academic experiences."

These total 90 credits are the minimum requirement for an AA degree at GRCC. However, depending on the specific requirements of the four year institution chosen by the student, he or she may opt to

take whatever requirements are over and above the GRCC AA degree requirements.

Barclay concluded that, "one of the most important things a student should do is to make sure his or her adviser fully understands the new requirements." This caution should be kept in mind when it's registration time again.



An unidentified Green River student lounges in the spring sunshine earlier in the week.

## What competency rules the Judicial Board?

### New election campaigns begin

By Kim Haaland

The ASGRCC Judicial Board heard testimony from Mickie Pinches and Amy Hansen April 22, for their alleged charge of using a school function for campaigning purposes at the Boibs dance April 5. The charges filed also included campaigning before April 16, the day elections were to officially begin.

"One of the band members asked us up on stage, so we stood there. They said, 'Vote

for them, vote for them,' and they said our names, but they mispronounced them," said Pinches.

"But they never said what we were running for... can they call that campaigning? We never said a word," said Pinches.

Pinches and Hansen appealed the decision after being fined \$20 each, removing all campaign posters and having ten percent of all the votes received discounted from their totals. The Board of Appeals, made up of four faculty members and four students, heard the case yesterday and unofficially reduced the penalty to a \$5

fine.

Chief Justice Ray Carter had no comment regarding any of the charges brought up against Pinches and Hansen, but he did comment on the upcoming elections themselves, "Basically it's like beginning elections all over again. It's a rerun so it's easier than when you come in and do something the first time."

Formal charges were also filed against Mike Papritz for using an unfair amount of campaign space but they were dismissed.

Running for the office of president are

Dean Healey, Jim Mendoza, Mike Papritz and Mickie Pinches. Vice-presidential candidates include Amy 'Mei Mei' Hansen, Scott Nelson, Dan Papritz and Julie Woods. The three candidates for senator at large are Christina Foreman, Dan Lonvo and Sheryl

A candidate's forum is tentatively scheduled for May 28 with voting on May 29 and 30. Student government expects a hopeful voter turnout.

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## Oops...

In the "Student elections postponed" story printed on page one of last week's Current, errors were made in the reporting. For corrections to the article, see Letters to the Editor on page two.

# OPINION

## Budget cuts may mean good-bye Amtrak

This nation, or more correctly, the western part of this nation, was built on the steel pathway known as the railway. With the driving of the golden spike in Utah in 1869 and the joining of the two coasts the United States became truly united. This paved the way for the great expansion and development of the country. Railways became the great "peplemovers" of the day. The great trains such as the 20th Century Limited, the North Coast Limited, the Empire Builder and the City of Los Angeles were the catchwords in travel.

The trains reached their zenith in volume during World War II. But then came the 1950's and the advent of passenger air travel. America, ever the progressive and speed conscious nation, quickly latched on to the airline, soon forgetting the magic carpet of the rails. By 1971 the privately owned passenger services were in such a state of shambles that the Federal government, in its infinite wisdom decided to take things in hand and unite all the systems into one, calling it Amtrak.

Amtrak really wasn't a bad idea. Most other nations had nationalized their rail systems long before. The majority of them were doing rather well, but as is so often the case, you can't judge the U.S. by the same standards as most other countries. Most Americans, if they're not going to fly, prefer to take their automobiles. Of course, things were looking rosy

for Amtrak during the gas crunch, from about 1973 to 1976, but not because of superior service or punctuality. From 1976 on, things started to slide with much greater speed that the trains could seem to muster.

The government went about things in their usual way, they threw money at the problem without a real set plan of action. The problems were right out in the open for everyone to see, but the government couldn't seem to see the forest for the trees. For starters they didn't quite realize that it makes little if any sense to spend a lot of money on new diesel locomotives capable of speeds of more than 100 miles an hour when you can't go any faster that 35 miles an hour because of the poor condition of the tracks.

Also it might have been nice if they had cleaned the coaches, dumped the ashtrays of changed the sheets in the Pullmans at least once every 3,000 miles.

Now as a result of President Reagan's budget cuts, it looks as if we will soon be saying good-bye to Amtrak forever. This action will make us the only major country that does not have regular passenger rail service. This is a move that we will no doubt regret in the future, although none of the people upstairs see that now. After 14 years we're throwing out a system that was never really given the breaks or the management it deserved. And that, like the wail of a passing train, late at night is sad indeed.

Steven Bird

### Editorial

## Student argues competence of reporter

### Letters to the Editor

To the Editor:

On April 26, Steve Smith (not a reporter on the Current staff) decided to write a story on his own. I'd like to bring out a few facts, seeing that he didn't bother to.

#### Campaign election postponed

1) Mickie Pinches and Amy Hansen, running for President and Vice of ASGRCC, did not in any way voice their campaign at the Boibs dance. The reporter, Steve Smith wasn't even at the dance. I guess his spiritual incompetence was present.

2) Pinches did not in any way inform any reporter about engaging in cruel and unusual punishment. That was probably a figment of Steve Smith's deranged imagination.

Mickie Pinches

To the Editor:

"Politics is so boring; that's why I find it so interesting."  
—Agatha Christi

Dear Mr. Gorbachev,

Lately, I've been having some problems with the political system that's in effect at our small community college, this college being located in the State of Washington, U.S.A. The name of the college is Green River Community College and I am running for the position of ASGRCC President, as I mentioned to you in my last letter. It seems that many of the candidates have filed suit against one another. That's politics, the American way. The reason that I'm writing to you is about the so-called democratic society that we're in—at least as it pertains to our college. The politics here are beginning to look like another episode of "Laugh-In." (Have you ever seen Laugh-In.)

One of the candidates who despises the "good ole' boys of Enumclaw" signed a contract agreeing not to campaign before April 16, and he, she or it, did violate this agreement twice. And who filed the complaint? Our now president. Our chief justice dismantled one of the candidate's signs, which is a no-no. One of the candidates might sue the school because the date of the elections was changed due to the appeal of the person who committed the original violations aforementioned. And I guess a few students who were going to run for office have been scared away—far away.

Do you remember my telling you that we could start campaigning April 16 and you told me to start at 12:05 a.m. (our time) that day, to gain a legal monopoly of plying our posters on all the "legal" walls. Well, I did. (I found out in Trivial Pursuit that the game of Monopoly was invented in the Soviet Union. (Is it really true?) But the candidate who can't stand the "good ole' boys from Enumclaw" (I

know its a weird name but you guys have some weird names too), filed suit against my campaign stating that I had an unfair advantage in monopolizing those walls.

Don't worry, there will be more circus activities in my next letter, I'm sure. Oh—my brother, whom I was trying to convince to join my ticket as a vice-presidential running-mate, well, I gave him a Stroh's, and uh... well, that's another story. Yes, I "convinced" him, but I had to draw the line on the moustache riots. Uh... but, that's another story. I won't ask how the politics are over there, probably better than here.

Give my love to the family and try to watch a few re-runs of "Laugh-In," if you get the chance. It's really a funny show. Oh, the case of Stroh's is on its way. Compliments of my running-mate.

Sincerely, Michael C. Papritz

To the Editor:

"Lord, what fools these mortals be."  
—Shakespeare

"You can't always get what you want..."  
—Mick Jagger

Although I realize that letters to the editor should solely be addressed to the editorial staff and should solely be concerned with a newspaper's abilities or inabilities to communicate properly, and that an editorial column is no place for personal grievances, I state that the proceeding letter to ASB presidential candidate, Michael Papritz, should be printed for the well-being of the public's need to be informed and because this paper needs someone to fill up their editorial page with editorial sludge.

Dear Michael,

What are you doing? Here I was, happily drinking my Stroh's, studying for my English 102 class, and contemplating what would happen if the IRS truly realized that I didn't owe them a dime, and along you come with a brilliant idea to shake me from my sheltered and secure existence. "Grow moustaches and run for president and vice-president of Green River," you said. "Who do you think I am?" I replied. "I've been at this college since I was seven years old—literally. I knew the Lindbloom Student Center when it was a mere patch of yellow skunk cabbage and thorny Devil's Club. What makes you think I want to stick around and entangle myself in the cesspool of school politics?" "Another Stroh's," he replied. He knew my weak spot.

But, oh no, instead of peaceful, mature students seeking constructive dialogue between one another, I find a Neanderthal, mud-slinging form of digestive beetle spittle serving as brains for those candidates involved in running for this hallowed office. Do you think I like to write this stuff? Do you think I like defending myself against "smarley-headed" gargoyles? Do you think I'll ever lend you my Levis blue jean jacket again, or let you "borrow" my Phil Collins tapes, or even yet, drink the last can of America's only Fire-Brewed beer left in my refrigerator? NO!!! I despise you—with a passion. So leave me alone, let me grow my moustache in peace, and take me away from all those new-wave type humans who can only serve to further the indigestion in my life.

Sincerely, (Your former blood)  
D.C. Papritz

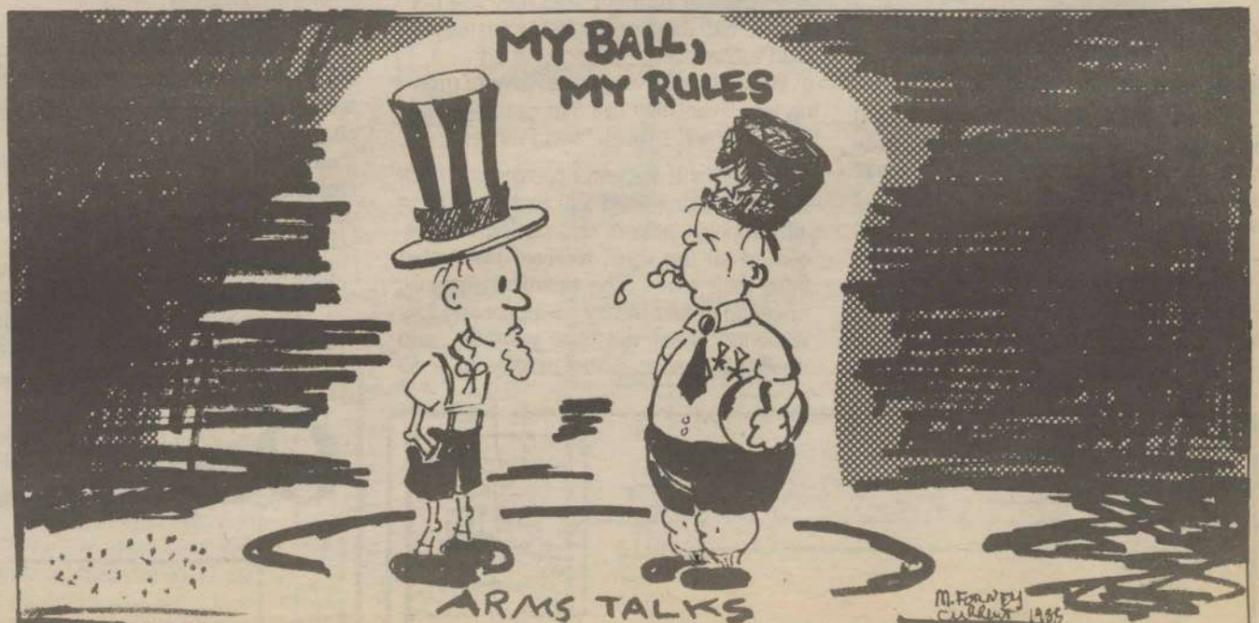
P.S. For another Stroh's, I'll stay your running mate.

## CURRENT

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The Current welcomes all letters concerning subjects of general interest. Contact Current office for editorial policy.



## NEWS AND FEATURES

## GRACC gives advice about dating

Dear GRACC:

*I have a problem that I hope you will be able to give some advice on. Recently I have begun dating a guy and though he's a nice guy, he is very physical and that disturbs me.*

*I want to tell him to slow down, but I'm unsure of how to say it. Please help me by giving me a couple of examples to tell my date to slow down.*

—CSM

Dear CSM:

One of the things you have to consider is time and place. A quiet corner of Denny's, for instance, where you're both relaxing and sharing in pleasant conversation is far better than if you're parked somewhere in a secluded cow pasture. Another thing to think about is that he may only be getting as physical as he thinks is OK with you. Since you can't expect him to read your mind; you HAVE to tell him. That's fair to him, fair to you.

Now, you're in that quiet corner having a cup of coffee and a nice conversation. You might approach the subject by saying, for example, "I have something to talk to you about." There's no need to do this apologetically, you have a right to your feelings, too. Actually, you're just informing him of something he probably hasn't suspected. And honesty is the best basis for any good relationship. From there, you might try words like, "Look, I like you a lot, but you're moving too fast for me. And it makes me uncomfortable." Let me caution you, aside from an "opening"... DON'T write scripts unless you're prepared to hand the other person a copy of their role. Instead, after your opening of the subject, let the conversation go off on its own.

If he's the nice guy you think he is, he'll understand and respect your feelings. He'll appreciate knowing how you feel instead of having to guess. On the other hand, if he's not really so nice, at least you'll know and can take steps to protect yourself from becoming another victim of the "Rabbit Syndrome." That's where certain members of the opposite sex have a tendency to move in, get a whiff of indecision, take what they can get, then move on to the next field of interest. There's a book at the Holman Library called, "When I Say No, I Feel Guilty" by Manuel Smith. Please read it. It will help bolster your courage and re-enforce your decision to establish your rights in this relationship. Let me know how things turn out.

Dear GRACC:

*My gripe is: why do certain members of the GRCC community feel the need to spit all over the walkways on campus? Slugs are bad enough, but*

*man-made slime only adds to this.*

*I expect the problem to worsen at the onset of warm weather (open-toed shoes and such).*

*Do these people have some sort of medical problem that prevents them from swallowing normally? If so, can't they have special bags implanted over their mouths, something similar to a horse's feed bag? These devices could then be emptied at the end of the day in the privacy of their own homes.*

*If medical science has not advanced this far, perhaps these salivary friends could, at least, aim for the shrubbed areas and thus relieve the distress of pedestrians.*

*If this problem continues, I may feel compelled to buy some rubber wading boots to wear on my between class trips.*

—Disgusted.

Dear Dis:

After a week of skulking around campus and observing the behavior of those I found afflicted with this ghastly habit I discovered: 1) It appears to be gender related and limited, as such, to the male sex. Perhaps it is the result then, of a genetic abnormality which has been environmentally propagated. 2) All were observed swallowing normally both before and after this disgusting act. This effectively eliminates the possibility of a disfunctioning swallowing mechanism. 3) Some did opt for the shrubs—if they were standing directly over one, or aiming at a passing bee. 4) None made any attempt to reach for a Kleenex. Some also used sleeves or the back of a hand for drippy noses. 5) All carefully avoided their own feet. So, you may as well invest in the boots... these guys don't seem to know any better. There is one small hope. If they can read and if someone will hand them a copy of this letter... Well, maybe not, but you never know until you try.

Dear GRACC:

*I have had a problem telling people how I feel ever since I was a child. I'm finding that you can't always write to people to apologize for a fight, or to tell someone that you love them. I need help in overcoming my fear of verbal explanations. Help me!*

—Speechless

Dear Speechless:

Lou Tice, a pioneer in the field of positive mental attitude, says, "You move toward that which you picture."

Consider whether or not it's possible that you could be unconsciously injecting into pre-

sent situations negative imaging that is based on past, unpleasant experiences. It is not uncommon that an inability to verbalize feelings can be linked to a fear of rejection. It is not uncommon to find that the inability to say I love you can be traced to times when those words became a weapon that represented pain rather than happiness. And, to a child, sometimes I'm sorry turns out to mean "I failed, I made a terrible mistake." In order to cope, a lot of children erect barriers against pain... defense mechanisms. As adults, even though the cause may no longer exist, quite frequently, the mechanism carries over to spring up at inappropriate times.

Lou Tice says that positive images can be substituted for negative ones.

Instead of getting mad at yourself for the times when you didn't say the things you wanted to say, give yourself credit for all the times when you did. Haven't you told friends that you liked their blouses, new hair-do's, jeans? In case you hadn't noticed, anything of the sort IS a successful expression of feelings.

Apologies—when you bump into someone, or spill something, don't you automatically say, "I'm sorry, or excuse me?" Were those words an admission of failure—or

a simple act of common courtesy? It's a matter of perspective. An apology should not become a method of self flagellation. On the contrary, it can be considered just a way of reassuring another person that a certain "thing" is not intended to be repeated. Sure, it can even be an admission that a mistake was made. But everybody makes mistakes, it's OK to make mistakes. Mistakes are also learning experiences.

Finally, when something big comes along don't let yourself think about all the terrible things the other person MIGHT say or do. Instead, picture the other person happy, or glad, or relieved or interested to hear what you have to say. Wouldn't you be, if the shoe were on the other foot?

If focusing on your successful expressions of feeling, and substitution of positive imaging doesn't work for you, I can't think of anything else that might help. These are just simple things to try. You may not be able to go it alone. And there's no need to. GRCC has counseling services available. I don't know of a better way to get at the root of a problem than to let a professional help. Counseling services are at LC-122, ext. 304.

## Regan takes leave to visit Australia

by Ruby Stewart

Dennis Regan plans to take a Sabbatical next spring quarter to view Hailey's comet and gather information about his observations for later use in his classes. He teaches Astronomy and Chemistry.

Regan will be traveling to Alice Springs, Australia for prime viewing of Hailey's comet. He said, "My interest in the comet is growing as the comet gets closer. The greatest portion of the comet's tail will be visible by the first week of April." The tail becomes longer in its travel away from the sun.

The Seattle area is not too good for viewing heavenly objects because of the cloud

cover and various forms of pollution such as air and light.

Regan mentioned that Mt. Wilson in California is not the effective observatory it once was because of light pollution. Light becomes a critical factor within 100 miles of the larger observatories.

Alice Springs is located in the center of Australia near the Macdonnell Ranges. There are gold, copper and mica mines there. The temperature in April and May should be approximately 80° and the area produces an abundance of fresh fruit. Bon Voyage!

## Want an adventure of a lifetime?



sign up for the

## Outdoor Programs

## White Water Raft Trip

Memorial Day, May 27th

Be sure to see the White Water Rafting movie May 21 at noon in the Glacier Room, Lindbloom Student Center

Graduation  
Caps & Gowns  
& Announcements  
available May 6th at  
The Paper Tree  
Bookstore



# ARTS/ENTERTAINMENT

## Mondo Vita waves GRCC dance tonight

By Lisa Baer

Locally popular Mondo Vita will be the featured band at tonight's dance in the Lindbloom Student Center from 9:00 - 12:00 p.m.

Mondo Vita has a reputation for a stand-up comedy style of delivery set within a strong musical context. Their original pop songs emphasize danceability, drawing on everything from reggae to synth-pop. The band adds an extra visual dimension to their songs, pulling prop such as plastic plants from a laundry hamper.

Mondo Vita's debut album "Fins de Paris" has been out since October 1983 and has sold close to 3,000 copies in the Seattle area. They have opened shows for Adam Ant (twice), The Flirts, The Catholic Girls and Spinal Tap. The band has also been featured on CBS and ABC TV in "personality" pieces. Currently, a local film maker is shooting a film that profiles the members of Mondo Vita.

Mondo Vita includes Keith Meicho, drums and vocals; Jim Santoro, bass and vocals; Eric Wilson, guitar, keyboards and vocals; and Mark Sargent, guitar, keyboards and lead vocals. Four guys known for their serious musicianship and quirky personalities, fused together to form Mondo Vita.

Admission to the dance is \$3.00 for GRCC students and \$4.00 general admission.



Mondo Vita band members present their image.

## Akita rambles about former career

### Speaking in tongues



Angel Akita

Columnist

I have come to the realization that my life does not contain as much hardship as it used to.

This, in and of itself, is no horrible revelation, but it is an interesting one. I used to worry about how I was going to be able to afford the finer things in life—you know, food, clothing, an occasional trip to the doctor, stuff like that. At one point, it affected me to the extent that I did something drastic and very stupid. I joined the United States Air Force.

While I was in the Air Force, all of my material needs were met. I had clothes, food, medical care, and a roof over my head. In exchange, they only expected me to be at their beck and call twenty-four hours a day, seven days a week; to keep my hair cut so short that I couldn't even pass myself off as a punk rocker; and to wear quaint, curious and antiquated costumes that must have been designed by the Marquis De Sade. Also, I was expected to travel to exciting, thrilling places with exotic nightlife. Places like Beirut, Lebanon; Izmir, Turkey; Osan, Korea; Bitburg, Germany; and Thule, Greenland.

The exotic customs and culture of these

various places call for the natives to play an interesting game with the tourists. It is called, "Shoot at the Americans and Watch Them Dive for Holes In the Ground." Many exciting hours are spent with the natives amusing themselves in this manner. They are thrilled to note that their playmates, i.e., the Americans, engage in their part of the game with equal enthusiasm, i.e., jumping frantically for the nearest cover available.

But I digress. As I was saying, there is not as much difficulty involved in my day-to-day affairs as there once was. Not that I miss people shooting at me, mind you, but I do miss the good old days of the DCC.

What?

You've never heard of the Disposable Car Club?

Well, pull up a chair, pilgrim, and I'll tell you all about it.

Back when I was in the USAF, as I mentioned earlier, all of my survival requirements were taken care of I had food, clothing, medical care, and shelter, but I and my pals were lacking one luxury that was essential to our having a good time. I am speaking, of course, of *transportation*. We needed a way to get around. And, in keeping with the basic principle of our existence that no less than 95 percent of our paychecks go towards booze, we decided that it would be most fortuitous to our budgets if we were to find the cheapest form of personal transportation possible.

Thus faced with this dilemma, we set down and formed one of our little think-tanks (callously referred to by our superior officers as "three-day drunks") and set our collective intelligences to work on a solution to the problem. Fortunately, we decided

upon a workable course of action before the beer ran out. In that 48 hours of concentrated brain-blasting, we lit upon the concept for the Disposable Car Club.

The rules for the club were simple:

1) No member of the club could pay more than two hundred dollars for his personal automobile. Each member was expected to produce, on demand, his title and bill of sale for his car in order to prove this.

2) No member of the club, once having purchased his respective rattletrap, was allowed to invest more than fifty dollars in it. Tape decks were moved from car to car, as were tires, whenever possible. If any equipment was absolutely necessary to the life of the car (say, a steering wheel, for instance) it would be scrounged up from our copious spare-parts and repair truck, a 1962 GMC that, from the looks of it, had previously been home to a legion of Cossacks. It held, at any given time, at least five bat-

teries, ten alternators, three socket sets (quarter-inch sockets, half-inch drives, no adaptors) and eight or nine bald tires. All of our spare parts for our vehicles came from this truck. It was held together with duct tape, baling wire, and the combined religious beliefs of our little group.

3) When an automobile finally did give up the ghost, heading for that great Top Auto store in the sky, the driver would trudge to the nearest telephone and call the repair truck. The truck would speed out to the scene of the expired beast and the qualified mechanic on board would deliver his expert diagnosis ("Hm. Hmmm. Hmm. Hmm hmm hm.") Said expert mechanic and hapless driver would then strip said dead auto carcass of any and all useful equipment, including all pertinent paperwork, especially those pieces of paper with the

(See Akita page 8)

## Ladyhawke rates a seven

by Lisa Baer

Take loads of action, a backdrop of romance, tastefully blended with a smattering of comedy and what have you got? Ladyhawke, an enjoyable escapist adventure film.

The story unfolds in one of those generic medieval kingdoms where half the people speak with a British accent, the other half have Yankee drawls and they've all got quasi-French names.

A cunning young escaped prisoner (Matthew Broderick) stumbles into the dilemma of two lovers who have been cursed by an evil bishop (stock bad guy). The woman (Michelle Pfeiffer) transforms into a hawk by day, and her beloved (Rutger Hauer, the Nordic hunk who played the beserk android in Blade Runner) turns into a wolf by night. So, you see they can never be together as man and woman.

This is where the romance comes in. They must communicate through the boy, reaffirming their undying love for one another. It's actually well written, touching without being too syrupy. In one beautifully photographed sequence, they do see each other in human form for an instant, just as the sun is rising.

Cue action. Dashing good guy Hauer

vows to kill the malevolent bishop who has brought this curse upon the couple. But, (gasp-plot twist) on the scene comes the priest who was accidentally responsible for the curse coming about in the first place. He has a way of breaking the curse.

Well, by now it's action time. The action segments are heroic and edge-of-the-seat type scenes, not just "hey Mr. De Palma how many more gallons of fake blood did you want spewed all over." There are a few impalings but no major disembowelings.

Broderick's character is very engaging, wisecracking his way through the film. He builds a good on-screen rapport with the other actors, who are well cast.

While the costumes and settings presented a realistic scenario, the soundtrack somewhat detracted from this. Written by Alan Parsons, it was just a little too Miami Vice-ish. During several of the chase scenes I half expected the horses' hooves to squeal around corners.

One basic way of judging the overall value of a movie is: Were you swept away by the plot, wrapped-up in the actions, and transported to another time and place for a couple of hours or did you sit there and play with your Rasinets while you were watching? This movie falls into the first category.

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# NEWS AND FEATURES

## Depression and stress may lead to burnout

### Health in the 80's



**Judy  
Names, R.N.**

Green River  
Health  
Coordinator

Depression and stress are not conditions you catch like the measles; it comes from within and usually means your self-worth is threatened. Burnout is another condition that comes about when you decide not to take care of yourself. Most people feel stress, burnout, and depression are unavoidable

and it's the price you pay for success. Success proves to be elusive if it is measured in terms of collecting property, friends or wealth. It is somewhat like the old lady sitting in the chair waiting for Santa Claus.

Serious stress, depression or burnout should be perceived as a signal to look inward. Find out why you made a decision not to take care of yourself. Why you allowed your self-worth to be measured by other and why you are not taking care of stress by exercising, eating better or getting enough play in your life.

Below is a quote from the Jennifer James book, *Success Is The Quality of Your Journey*.

People are unreasonable, illogical and

self-centered. *Love them anyway.*

If you do good, people will accuse you of selfish motives. *Do good anyway.*

If you are successful, you will win false friends and true enemies. *Succeed anyway.*

The good you do today will be forgotten tomorrow. *Do good anyway.*

Honesty and transparency make you vulnerable. *Be honest and transparent anyway.*

What you spend years building may be destroyed overnight. *Build anyway.*

People who really want help, may attack you if you help them. *Help them anyway.*

*Give the world the best you have and you*

*may get hurt. Give the world your best anyway.*

The world is full of conflict. *Choose peace of mind anyway.*

### Wellness Tip of the Week

May is National Health Care month and there will be several sites that provide for free health screenings. On May 3, 4, and 5, the screenings will be done at the SeaTac Mall during regular Mall hours. Check with Health Service if you have any questions.

## Downstream

### Kentwood High School presents "Off the Wall Players"

On Saturday, May 4 at 8 p.m. at the Kentwood H.S. Theatre; 25800 164th Avenue S.E. Kent, *Seattle Mime Theatre* is acclaimed for their "sense of fantasy" and "infectious humor" while the *Off the Wall Players* have been known in the Seattle Area for the comedy, satire and improvisational programs for years. The tickets are \$6.00 and are available at Kent City Hall; Fourth and Gove, Kent Commons; Fourth and James and at the door of the theatre. For more information, call Kent Parks at 872-3350.

### Help Center offers aid to students

If you need help in any of your classes and are unable to make it to the Help Center between Monday and Thursday from 10-2 p.m. You can schedule an appointment by calling 399 or coming by HL33 (near the back door) and leave a message.

### Admissions representatives to visit GR

Avoid the transfer problems by talking with the Admissions Representative from the school of your choice on Wednesday, May 8, 1985 at GRCC. The Representatives will be in the main dining hall in the Lindbloom Student Center from 9:30 a.m. to 1:00 p.m. to discuss admissions procedures and course equivalency policies. The representatives would prefer that you have an up-to-date GRCC transcript available for the interview, so stop by the Admissions Window by Friday, May 3 to arrange for your transcript. The schools that will visit GRCC will be: *Evergreen State, City University, Cornish Institute, Seattle University, USAF, Pacific Lutheran, St. Martin's Cogswell, University of Washington, Gonzaga, Central Washington University, Western, WSU, Seattle Pacific and University of Puget Sound.*

### Personal growth and challenge course offered

(The Challenge Course!!!)

On Saturday, May 11th from 8:30-4:30 p.m. an in-service workshop will be held to orient people to the operation of the Challenge Course. The Course is a series of exercises to help people in personal growth through challenge. The skills that are open to explore are *communication skill, group dynamics, problem solving techniques, leadership skills, personal growth and self-concept.* If you wish to extend your outlook on life, contact Cris Miller (238) or Larry Turnbull (424) for more information and registration.

### Mondo Vita to perform today

See Mondo Vita and their opening act in the Lindbloom Student Center on Friday, May 3 from 9-12 p.m. GRCC students pay \$3.00 and general admission is \$4.00. A free nooner show on Friday, May 3.

### Japanese poetry discussion Tuesday

Tuesday May 7 at 7:30 p.m. in the Kent Library Mark Nearman will present a lecture and discussion about Japanese Poetry titled "Beneath the surface of Japanese Poetry." Admission is free.

### Statement of Intent forms due

It's that time of year to fill out your Statement of Intent for the next year. The Vet's office needs to know if you're planning on going to school this summer and, if not whether you need advance pay for the next fall. Please stop in and see us soon. We are open Monday-Thursday until 8:00 p.m. and Fridays from 9-4 p.m.

### Appeal a parking ticket

Been Surprised at the sight of a parking ticket on your car window? Want to get rid of it? Speak to the Judicial Board at the Student Programs Office ext. 337 for more information.

### German meal served next Friday in PA Bldg.

On May 17, German students will serve a real German meal in the Performing Arts building from 11 a.m.-1 p.m. The dishes include *Gegrille Bratwurst, Sauerkraut, Kartoffelsalat, and Apple Strudel.* Tickets which are \$2.50 must be purchased before May 10 from any German student, Carrol Norman; H.S. building, ext. 234 or the Cafeteria Cashier. Guten Appetit!!

### Outdoor Programs camping clinic

Outdoor Programs will be having a minimal impact camping clinic in the Glacier Room on Thursday, May 9 at 12 p.m. This workshop is for anyone who enjoys being in the great outdoors.

### Workshops for the job hunter

For students who are also job hunters, the Student Employment Office is offering an evening workshop for the people who can't make it to the day workshops. The workshops will focus on effective resume preparation, application and interviewing techniques and also letter writing campaigns. If you wish to attend these workshops, sign up in the Student Employment Office. The workshops will be held April 29, May 8, 13, 22, 29 and June 3 from 6:00 p.m. to 7:30 p.m. in LC 108.

## How to appeal a parking ticket

by Judith Meeks

This year, parking and security personnel have been busy writing tickets for various offenses.

When an individual feels that a parking ticket is unjust, there is a simple appeal procedure designed to give the complainant a chance to plea for his case.

To begin this process, one can pay a visit to the Parking and Security Office located in the Administration Building. Their policy has been toward leniency; however, should the individual be unsatisfied with the response, the next step is to appeal to the Judicial Board.

The complainant may contact ASGRCC Chief Justice, Ray Carter, in the Student Programs Office on the second floor of the Lindbloom Student Center.

The Judicial Board will then invite Nick Smith, director of parking and security. He and the complainant will then present their cases at the appointed time.

Following the presentation of cases, the Judicial Board will vote and decide the case.

It then becomes the responsibility of Ray Carter to publish the decision of the Board.

The complainant, if unsatisfied with this decision, may follow through to the Board of Appeals and further to the GRCC President, Richard Rutkowski, then, as a last resort, Chapter 28, Revised Code of Washington.

Although people have successfully used the appeals system in the past, there have only been three complaints this year. All have been resolved outside of the Judicial Board.

According to Carter, "it seems to work—no complaints." As previously stated, "at the Security level, the policy has been forgiving."

"Unless there are two or more violations, a vehicle probably won't be towed."

Since there have been so few complaints and the procedures are standard avenues for appeal, there does not appear to be any reason to assume it to be otherwise than a fair system.

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# SPORTS

## Gator softball team in first place tie

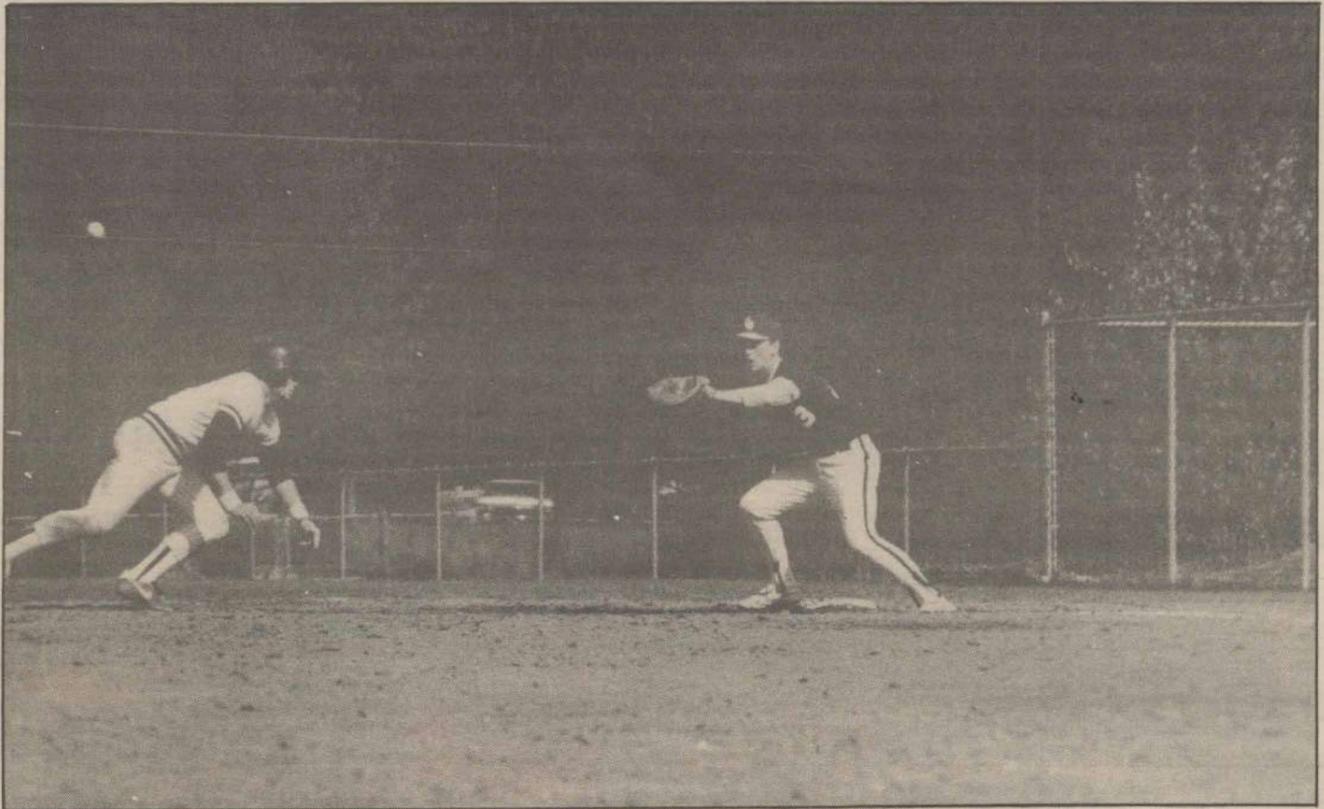
by Mark Noesen

The Green River Gator softball team remained in a tie for first place Wednesday by sweeping a double header from Olympic 5-3 and 8-3 place Wednesday by sweeping a double header from Olympic 5-3 and 8-3 in Bremerton. The pair of victories raised the Gators conference record to 17-3.

The Gators are tied for the conference lead with Wenatchee, the Gators have a doubleheader against Wenatchee May 8 in Wenatchee.

In the first game of the twin bill Tammie Adams tripled in Sheri Bauer with the winning run in the top of the seventh inning. In the second game the Gators second leading hitter Angela Aardahl (.364) went 3-4 including a pair of doubles. Aardahl drove in five of the Gators eight runs.

The Gators are off until Monday when they meet third place Grays Harbor for a doubleheader. The first game starts at 2:30 at GRCC.



It looks like a sure pick-off throw from Green River pitcher Jim Fullerton to Pat Riley. Riley tagged the Clark baserunner, but the ball squirted out.

### BASEBALL



## Baseball team drops a pair

The Green River baseball team dropped a pair of games this week losing a makeup game to Clark on Monday 9-3 and 7-6 to Tacoma on Tuesday.

In the game against Tacoma the Gators lead 6-5 going into the eighth inning but a two run homer by Tacoma gave the Titans the winning margin. The Gators loaded the bases in the ninth but were unable to bring in the tying run.

## Track and field qualifiers

Both the mens and womens 400 and 1600 m relay teams have also qualified for the championship meet.

With the NWAACC track and field championships nearing, May 17 and 18 here is a list of athletes that have qualified for the meet.

### Men

Shot Put . . . . . Pat Austin 49 ft.  
Javelin . . . . . Rance Newman 205 ft.  
Triple Jump . . . . . Brian Terry 47 ft.  
Pole Vault . . . . . Ken Harris 13'9"  
100 Meters . . . . . Darin Colman 10.8 sec  
400 Meters . . . . . Eric Ebinger 50:1  
1500 Meters . . . . . Adam Clark 4:02

### Womens

Discus . . . . . Sue Gustafson 118 ft.  
100 Meters . . . . . Rachel Krebs 12.8 sec  
400 Meters . . . . . Denise Williams 1:01  
Annette Sommars . . . . . 1:02  
800 Meters . . . . . Michelle Finnvik 2:14  
1500 Meters . . . . . Kathy Santini 4:43

5000 Meters . . . . . Erin Wickham 18:56  
400 IM Hurdles . . . . . Annette Sommars 1:06

## Womens tennis undefeated

The Gator womens tennis team moved conference record to a perfect 5-0 Tuesday beating Shoreline 7-2. The Gators have an overall record of 13-1.

Julie Stangle and Mary Beth Korpinen won their number one doubles match running their record to 14-0 after both winning singles matches earlier.

## Why not have each player draft a team to play for ?



Mark Noesen  
Sports Editor

by Mark Noesen

I never thought it would happen, the best commissioner pro sports has had over the last twenty years folded under pressure. Pete Rozelle, a man I respected, a man that suspended Paul Hornung and Alex Karras for gambling on football games when they were stars.

Rozelle ruled the NFL with an iron fist, he was no Bowie Kuhn, Rozelle has power. But when Bernie Kosar decided to make himself eligible for this year's NFL draft by graduating early, trouble started brewing and Rozelle was caught in the middle, now let me explain.

The Minnesota Vikings are my favorite football team, (excluding college teams of course because everyone knows college football is much more exciting) obviously I'm no band wagon jumper. No, my favorite team isn't the 49'ers. So when I learned that Kosar was leaving the University of Miami, I envisioned along with thousands of other Viking fans Kosar throwing touchdown after touchdown while wearing Viking purple. Kosar would resurrect a Viking team still recovering from mass retirement.

The Vikings had the third pick in the draft, Buffalo had already signed Virginia Tech's Bruce Smith, Houston is paying War-

ren Moon over a million dollars a year so Kosar is a Viking, right? Well, big Bernie, the cry baby isn't happy just to have the opportunity to make millions of dollars fortune and fame, he ala "John the cry baby Elway" had to play for the team he wanted.

Minnesota even traded with Houston to ensure that nobody else could have Kosar. But wait, Cleveland trades with Buffalo for the Bills supplemental draft choice. Here is where the whole thing gets complicated. Kosar said he would only play for Cleveland and that if he was drafted by the Vikings he would stay in school and not graduate until next year.

Well for my money that just doesn't wash, first of all Mr. Kosar has an agent. Sure Kosar claims "He's just my dentist," but let's get real, Bernie, who are you telling the NFL who you will and won't play for.

Kosar used the USFL for leverage, Rozelle figured Kosar would go to the useless if he ruled in favor of the Vikings. So Rozelle decided to let Kosar decide if he wanted to be included in the regular draft or in the supplemental draft.

The supplemental draft is for players who become eligible to play in the NFL after the draft. Kosar claims that since he won't graduate until this summer he is only eligible for the supplemental draft. Sorry, Bernie you have an agent, I don't care if he's your dentist, if I was commissioner you would be a Viking.

In essence what I'm saying is that Rozelle wilted at the hands of a twenty year old college quarterback, he bent over backwards so Kosar could play where he grew up—good old Cleveland. I hope Cleveland never wins another game.

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# SPORTS

## Gator Standings

### BASEBALL STANDINGS THROUGH APRIL 29, 1985

NORTHERN	L	S
Bellevue	9-4	13-8
Edmonds	10-5	16-8
Olympic	8-6	9-9
Green River	6-10	8-13-1
Skagit Valley	2-14	4-19
Shoreline	1-9	3-13

### GOLF STANDINGS THROUGH APRIL 28, 1985

NORTHERN	
Bellevue	4-0
Green River	4-0
Shoreline	2-2
Tacoma	0-4
Everett	0-4



Michelle Finn timer braves the wind and rain in last weekend's University of Washington Invitational.

### WOMEN'S TENNIS STANDINGS THROUGH APRIL 27, 1985

REGION II	
Green River	5-0
Clackamas	3-2
Clark	2-1
Tacoma	1-3
Lower Columbia	0-5

### SOFTBALL STANDINGS THROUGH APRIL 29, 1985

COLLEGE	W	L
Wenatchee Valley	15	3
Green River	15	3
Grays Harbor	12	6
Spokane Falls	11	9
Edmonds	9	6
Shoreline	7	8
Tacoma	2	14
Olympic	1	13

### MEN'S TENNIS STANDINGS THROUGH APRIL 27, 1985

REGION I	
Green River	5-0
Skagit Valley	4-2
Bellevue	3-2
Highline	2-4
Everett	0-5

### Gator Softball Statistics

#### Gator Softball Statistics

Hitting	G	AB	R	H	B	AVG
Adams, Tammie	22	73	18	23	5	.315
Ardahl, Angela	18	55	15	20	11	.364
Brambrink, Jill	22	51	12	11	5	.216
Bauer, Sheri	23	54	23	20	13	.370
Bishop, Rose	29	46	17	16	11	.348
Boyungs, Debra	23	58	18	12	17	.207
Cooley, Kathleen	22	70	12	20	9	.286
Crawford, Tina	23	65	15	19	5	.292
Goff, Melanie	14	31	8	10	4	.323
Lewallen, Linda	14	31	9	10	4	.323
Mohler, Jill	19	33	13	9	7	.273
Norvell, Jacki	24	57	15	17	7	.298
Piksa, Caroly	22	35	7	4	10	.114
Tibbs, Theresa	23	73	17	19	9	.260

Pitching	G	IP	W-L	H	R	KW
Ardahl, Angela	6	23	4-0	9	9	6
Lewallen, Linda	10	42	5-0	37	25	8
Piksa, Caroly	16	96	9-6	60	37	40

## Classifieds

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STEREO, AM-FM receiver, 8-track tape deck, nice cassette deck, old tube-type amplifier. Also have stereo in walnut cabinet with record changer. Call Kerri in Student Programs, ext. 337.

ROOM AND BOARD for governess type. Widower needs help with two sons, 8 and 13. Some cooking and housework. Must drive and be non-smoking female. 271-9223.

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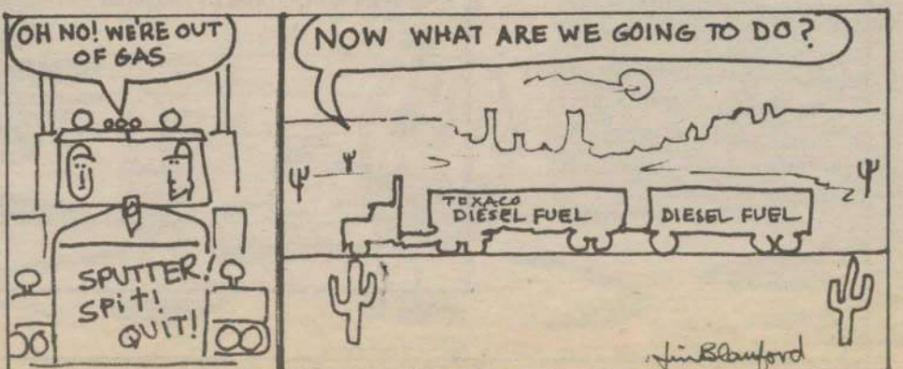
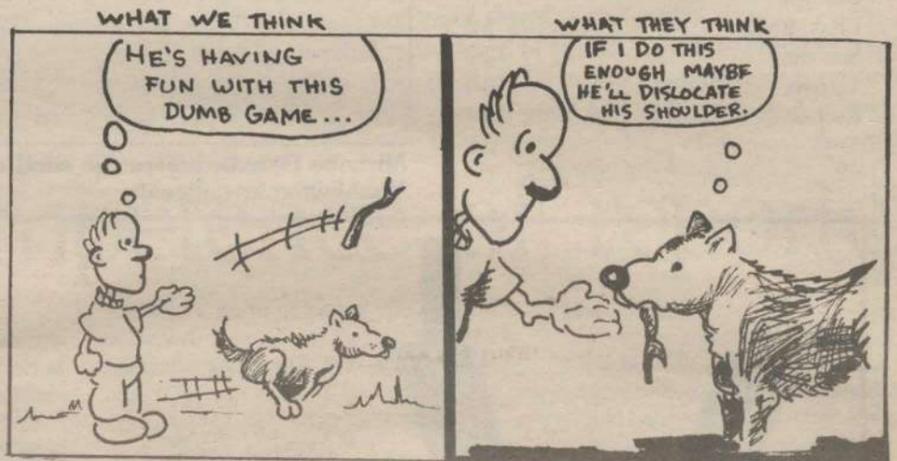
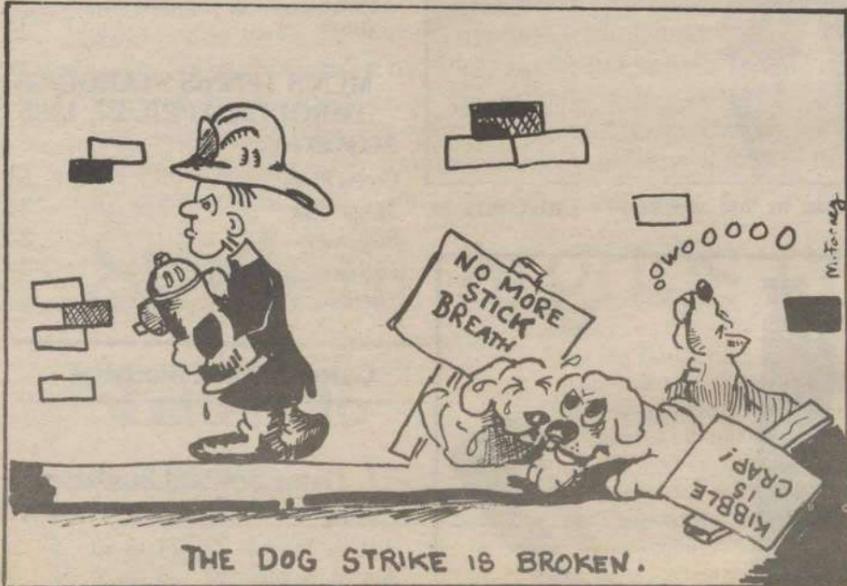
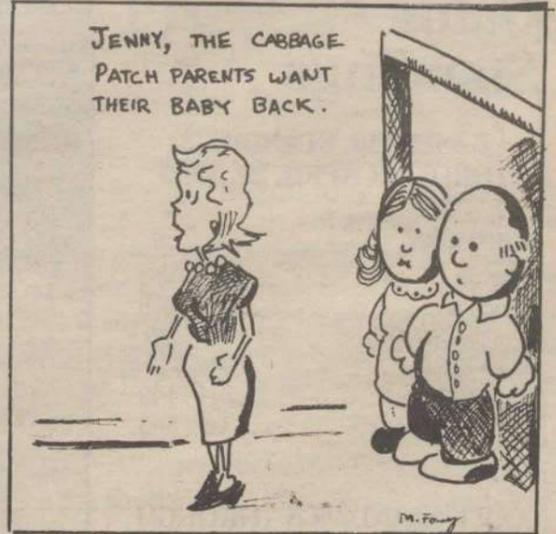
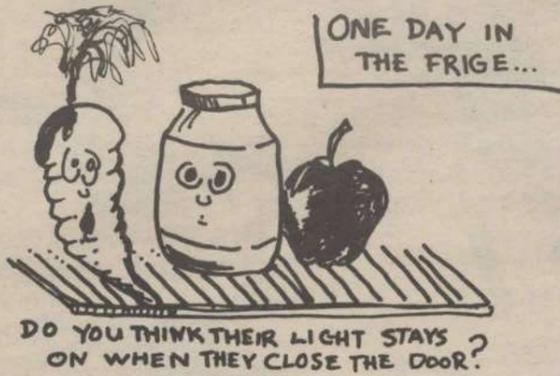
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# CARTOON FEATURE



Cartoons by Mike Forney  
and guest cartoonist  
Jim Blanford



## Akita...

(Continued from page 4)

owner's name on it, and then the car would be left to rot. I am personally responsible for the large-scale littering of a great deal of Spokane County with rusted-out Chryslers, Fords and Chevies. Any of you that have ever seen Spokane County probably know that this is nothing new.

Basically, the idea of the DCC was to provide disposable, cheap transportation to whatever function we were attending that particular weekend. Most of these events were outdoors and usually involved loud music and alcoholic beverages. As a matter of fact, as nearly as I can remember, all of them did. Now, the concept of using thrashed-out, completely useless cars for off-roading is nothing new, but when you consider that the average vehicle in the DCC usually massed somewhere around the two-ton mark, this puts things in a whole different light. Many was the time during the summer of 1982 that you could see a veritable phalanx of Imperials, Lincolns, Impalas, Electras and other maximum-density land yachts lumbering out to assault some poor, defenseless wilderness trail, 1962 GMC pickup bringing up the rear.

Upon arrival at the intended goal, which was generally determined to be the place where the car carrying all the beer finally died, we amused ourselves by seeing just exactly how much abuse our various autos could handle. I remember one incident in particular involving one of our number by the name of Sgt. Mike Jellesed, or "Jellyhead," as we called him. Mike's car was the one storing our not-inconsiderable supply of beer that day, and it just so happened that his car croaked off at precisely the point where we wanted to be.

The point in question was just up a small hill overlooking a rather nondescript lake in Spokane County. That much I will tell you. Any more than that and I could get myself in trouble.

Jellyhead had paid eighty dollars for a 1970 AMC Matador when he joined the DCC. The car was worth every penny and then some, due to the fact that he had been able to keep it running despite the fact that

it had no headlights, seats, turn signals, passenger window, rear window, second gear or reverse, and three-fourths of its normal complement of lug nuts. There were a lot of serious things wrong with the car, too.

Understandably, Jellyhead was a tad annoyed that his precious beastie, which he has nursed through thick and thin for the sum total of five weeks, would choose now to go to NAPA heaven. Not unsympathetic to his mental state, we tossed him a few beers from a safe distance and lounged around his car while he fumed a short distance away.

After a bit, someone came to the conclusion that, since Jellyhead's car did have a good battery, and a good stereo, then we should lounge over, around, beside, and inside his former method of gettin' around. After another bit, Jellyhead came over to join us. He grumbled and swore at the car. Yours Truly was spread out on the roof of the car perfecting his tan.

"\$%\*\$?&\*!!" Jellyhead said, kicking at various pieces of the car. He got behind the wheel. "'\*%&\*68%!!" He said again. Jellyhead was well-respected among us for his eloquence in times of stress. He kicked the floorboard, as hard as he could.

Now, there are those of us who, to this day, blame Jellyhead's ill-placed kick for the trouble that ensued. I personally believe that the emergency brake cable was frayed and old to begin with. At any rate, the fact of the matter is that the cable snapped, the car rolled downhill, with about fourteen young airmen attached, and promptly dunked itself in the bottom of the aforementioned lake.

I miss those long-gone days, but I can't honestly say that I would go to great lengths to restore them. I am living quite comfortably now, making about \$24,000 a year, and by the end of the year I will be making even more. I recently bought a Nichtwagen Rabbit, which runs quite well.

But every now and then, when I have to pay a repair bill, or my insurance dun comes in, or I have to shell out \$1.21 for diesel fuel, I find myself longing just a little bit for those good old days.